

**PETER MANDEL**



# **THE FACETTED CRYSTALS OF THE ELEMENTS**



**ESOGETICS**  
healing power of colors

This brochure was prepared with the greatest possible diligence to provide accurate information. Many of our therapeutic protocols and their effects are exclusively based on the empirical knowledge of naturopathic medicine. Medical diagnosis and treatment progression, in particular the methods of treatment and their effects, are extremely individual and variable. Hence the success of a treatment cannot be foreseen or guaranteed. Thus we are taking the precaution to point out that we are using the conditional tense in the presentation of our content to underline that point. The word “can” therefore hints at a mere possibility, in the sense of an assumption or conjecture, yet its existence is uncertain and can be paraphrased by the words “perhaps” or “potentially”. On that score we advise you to not take these terms as a promise of cure, as far as a possible treatment success or the appropriateness of a therapy are concerned.

Always keep in mind: Certain diseases and complaints are less or not at all suited for self-treatment. We explicitly want to emphasize that before any self-treatment with our products, especially at home, a consultation with a physician or naturopath is advisable. The author and publisher of the brochure are in no way liable for damages or consequences that result from the application of this brochure.

### **Internationales Mandel-Institut für Esogetische Medizin**

*Hildastraße 8 · D-76646 Bruchsal*

*Fon: +49 (0)7251-8001-35 · Fax: +49 (0)7251-8001-55*

*info@mandel-institut.com*

*www.mandel-institut.com*

*Information about trainings, seminars and instruments is available from*

### **esogetics GmbH**

*Hildastraße 8 · D-76646 Bruchsal*

*Fon: +49 (0)7251-8001-0 · Fax: +49 (0)7251-8001-55*

*info-de@esogetics.com*

*www.esogetics.com*

### **esogetics GmbH – Zweigniederlassung**

*Hirschmattstr. 16 · CH-6003 Luzern*

*Fon: +41 (0)41-4205836 · Fax: +41 (0)41-4205936*

*info-ch@esogetics.com*

*www.esogetics.com*

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## The esoteric Crystal Therapy

Throughout the ages, from the dawn of human existence, precious stones and crystals have held a fascination for people. It was always believed that precious stones and crystals are living entities, just as plants, animals and humans. They have a spirit, a soul and a body, so it is said, and the colors, forms and structures reflect something supernatural that affects our senses in a special way. Our senses, which I see as a construction of the eternal, are children of the "spirit". They are created for perception, yet they are trapped in the dimensionality of being; they must overcome "being separated from the whole" by means of perception and recognition, so as to once again unite in harmony the trinity of the human being. Crystals and precious stones have long been considered living things, which have been conceived, born and matured over a long period of time, becoming things of beauty that touch all people. How can one possibly explain (if not yet scientifically) why precious stones and crystals have healing powers? Helmut Hoffmann writes on the subject in his book "Orchideen, Edelsteine und ihre heilende Energie" (Orchids, Precious Stones and Their Healing Energy):

*For us, precious stones are beings that grow and develop according to exact laws. Each stone has its own expressiveness and effect.*

All stones are individual in their essence. For this reason, they philosophically possess their own primal program, which is enriched with specific information. I would like to again quote Helmut Hoffmann. In an interview, he answered the following question:

"Are precious stones living spirits? Can they live and die?"

*"Precious stones are the first stage of life. As compared to plants, animals and humans, they dream a very long and peaceful dream of the material. Tests in America have shown that thought power is able to influence the growth of crystals".*

I am also convinced that precious stones are on the one hand "entities" that give out information. On the other hand, they take in an endless amount of information, particularly as this pertains to crystalline structures. It is nothing special to know this today, in an age where crystalline-structured machines (nanotechnology) are outstripping the "cult of the computer". Humans create their own world and thereby their own reality. Their role model is and remains nature, which is filled with all of the essential information of



life. As far as crystals, minerals and precious stones are concerned, nature created something special that captivates everyone. Healing powers were always ascribed to the crystalline structures, and this is not merely belief or wishful thinking, but rather empirical reality. The various crystal or precious-stone forms have precisely defined effects, at least according to what everyone says. Even if it were a belief that could move mountains, one should consider that the prerequisite for knowledge in the world is believing in it.

A summary of the facts:

1. Precious stones, crystals and minerals carry specific information, which they release outwardly. They display interaction with other information-carrying creatures, thereby harmonizing and regulating these information principles.
2. Through the entire development of the information technology, crystalline structures have moved to the fore in the world of scientific thought. Crystals are grown artificially or produced by other means. Then one lends these artificial constructions a "meaning", in other words specific information. The technical revolution can no longer be imagined without these crystalline information carriers.

## The information patterns in connection with amorphous crystals

To live in a time in which courageous scientists attempt to demystify the mystical is infinitely fascinating, and at the same time it spurs on free spirits to continuously discover new possibilities of our own inner world. I had the idea of imprinting an amorphous crystal glass with information. On the one hand as it relates to specific grinding techniques, and on the other through the imprinting of holograms and colors. The concept of the hologram was the starting point of all further considerations for this. At the time, I experimented with five precisely calculated holograms. These were the result of so-called "holy geometry", as passed down over thousands of years orally or in written form. The crystals are made with a special procedure, under the influence of fire and immense heat, from natural elements such as quartz and potash. Unlike natural precious stones, the structure of crystals is without any information, thus pure or amorphous. One can provide these crystals with "meaning" and information, and I do this with very specific forms, dimensions, grinding, engraving and colors. In this manner, I can then therapeutically concentrate on what I want to achieve with people who are ill. The path toward therapeutic use of the presently available crystals was not so very simple. Many ideas and a great deal of time were required for the observation of people with illnesses, until we were able to present today's coherent concept of "Esogetic Crystal Therapy". In so doing, I refer theoretically to the discoveries and work of the scientist Dennis Gabor, who received the Nobel Prize for his hologram work. I also refer to the quantum physicist Prof.



David Bohm and the neurophysiologist Prof. Karl Pribram, who researched in completely different fields and independent from one another, arriving at the same findings. Prof. Bohm postulated the holographic universe, and with Prof. Pribram it was the insight that the theories of the functioning of the human brain exclude very many neurophysiological riddles and are unable to resolve these. It was his opinion that all information that is stored by the brain is only possible by means of a holographic structure. A holographic plate shows wavy lines that are permanently overlapping. This is called interference. Interference refers to a pattern of superimposition that occurs when two or more waves intersect each other. In the human brain, the so-called interference pattern appears to carry the information or software, whereas the hardware, the cells of the brain, represents all of the cell connections programmed from there. The interference pattern of the brain represents the entire requirement of information of the present life. Moreover, this pattern carries within it, in my opinion, all experiences of all possibly lived incarnations.

The science journalist Hans Werner Woltersdorf drew attention to himself in a spectacular manner with his books "Die Schöpfung war ganz anders" (Creation was Completely Different) and "Phänomen Schwerkraft" (The Phenomenon of Gravity). His publications provided me with interesting references. He writes that all perceptive stimuli converge in the thalamus area (brain stem). According to more recent opinions, it is specifically the hypothalamus that receives and passes on such perceptive stimuli. A new impression is composed here through the comparison with the memory and experiences. With the later description of the therapy with holograms and interferences, we place the area of the hypothalamus or the hormonal activity in the foreground, together with the limbic system and all areas that are formed there.

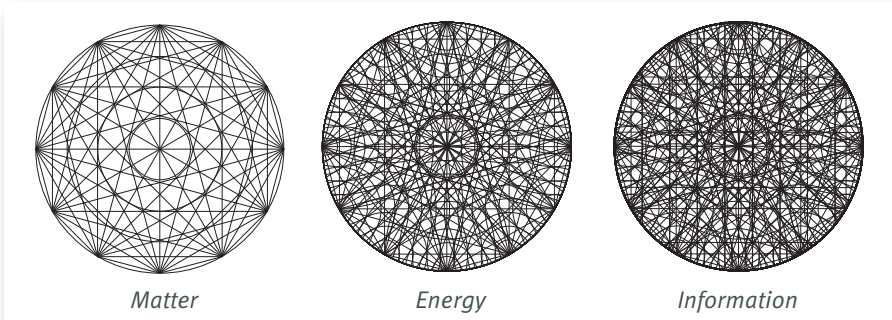
It is therefore interference patterns that trigger all of the known functions in the brain – ultimately through the intrinsic information. These appear to be responsible for the various states of consciousness, including the expansion of consciousness. All of this was particularly decisive in the consideration of how one can use such interference patterns in reference to illness potentials.

When dealing with the interference patterns in our life in dynamic matter, they represent the motor and the dynamics, in order to maintain the necessary forward development of the material life. Prof. David Bohm said that the postulated interference pattern – or more exactly the holographic concept – shows the shrouded aspects of our lives. He calls this "implicit", and by this he means the release of the implied, so through the shrouded structures the world was created, as it is, and then revealed, thus becoming explicit.

It was my consideration, presupposing the correctness of the theory of holography pos-



tulated in the publications of Pribram and David Bohm, that with defined interference patterns, via likewise clearly defined points of skin, one could achieve reactions within this hologram. Lengthy experiments were necessary, until I had an idea about how an interference pattern must be designed in order to achieve an effect on the skin, from within to the outside and vice versa. I initially experimented with film that could be applied to specific areas of skin, and in so doing I was greatly astounded by the effects that were ar-



ticulated by the patients. Three such interference images especially showed reactions. These are depicted below.

I assign these three holograms to the triad of "Information – Energy – Matter". For me it was initially of greatest importance to therapeutically use the hologram assigned to matter, which I call the "earth hologram". This figure is ancient, and it was used in many epochs of human history, for example by Chinese masters or in the Middle Ages by the philosopher Giordano Bruno, who was burned as a heretic in Rome. Many other sources attest to the fact that this pattern has always been used in various manners. A further example relates to the aspects of astrology. If one represents these in drawings and then superimposes them on each other, this hologram is indeed created. The pattern of the so-called "earth hologram", upon which the development of the therapeutic reflex possibilities was based, was the starting point of the "esogetic healing crystals" that are available today. Things were ready in 1999. There are 11 different crystal reflectors according to my specifications that are currently available. These are furnished with the above-mentioned hologram, the cut of the facets on the edge of the crystal and the defined color. Through long observation, a comprehensive concept for treatment could be developed. For details and for my recommendations for treatment with these crystals, please refer to the corresponding documentation that has been prepared for this.

In the following, I would like to go into the fantastic world of treatment with the three faceted crystals of the elements.



## **The Family of the Relax Crystals according to Peter Mandel**

By using elaborate, specialized manufacturing methods we have created crystals which contain purposeful information: The large crystal activator, the series of the faceted crystals and the crystal tattoos for crystal puncture. Through cutting resp. engraving the pure crystals have been enriched with the holographic original pattern of the earth hologram. In our concept this hologram corresponds to those information patterns anchored in the human being that are related to the body.

The crystal activator has been developed for the treatment of subconscious conditions. It has enabled us to retrieve suppressed or forgotten experiences into an individual's consciousness. We are using crystal puncture with great success for pain therapy. For over three years we have been observing the effects of the crystal applications in the treatment of the most diverse complaints. The successes up to now have been beyond average.

A huge discovery have been the differently colored faceted crystals. By now the gold and silver crystals have become valuable media for both the therapist and the layperson, enabling them to initiate a regulatory response in the pre-stages of disease and pain already.

We have just recently succeeded in imbuing the faceted crystals with four new colors, thus opening another door into the subconscious layers of human existence.





### Information about the Application

Basically, unless stated differently, the faceted crystals of the elements stay in the described locations for two to three minutes in order to reach the desired relaxing effect.

If there should be any ongoing negative reactions, the faceted crystals of the elements are removed.

The self-application of the faceted crystals of the elements is as simple as it is effective. The faceted crystals of the elements should only be cleansed under running water, so that the surface imprints do not get damaged.

### The four faceted crystals of the elements

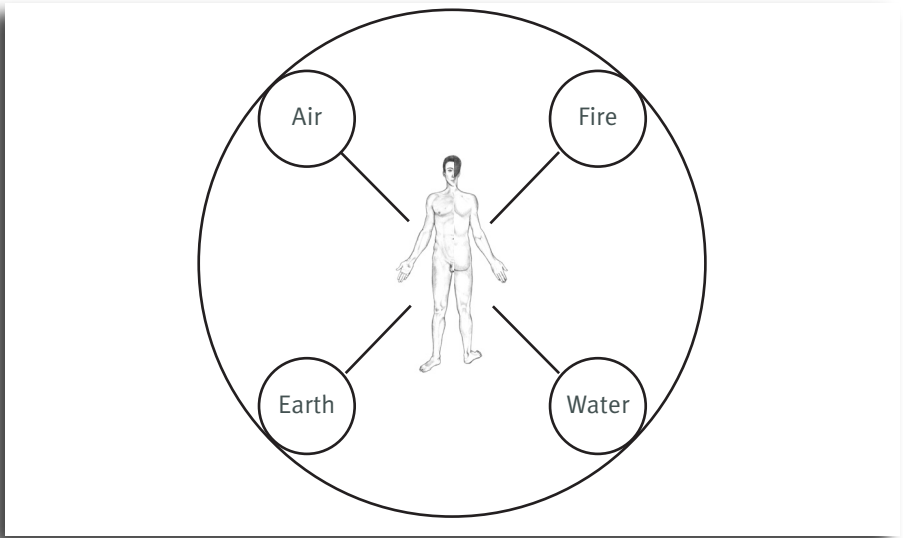
Contemplation of the four elements, which are the origin of everything that we find in this dimension, pointed us towards the development of the element-faceted crystals. From the gold and silver coloration of the faceted crystals we knew exactly how it works in regards to polarity. Through our decades of experience with the soul-spirit colors of colorpuncture and their mode of operation we conceived of the idea to imbue the faceted crystals with these colors. It took long series of trials until we succeeded in developing the exactly tuned color components. That led to the four Element Crystals.

The correspondences to the four elements have been familiar to us for a long time:

<b>The element Fire</b>	...✧ Crimson	<b>The element Air</b>	...✧ Turquoise
<b>The element Earth</b>	...✧ Lightgreen	<b>The element Water</b>	...✧ Rose

Everything that exists in this dimension, including human life, has originated from the four elements. They are constantly active inside of us and we find ourselves in the middle of the permanent tension which is generated through these elements. When we as individuals exist in the center of an expanded consciousness, then the elements are benevolent towards us. The continuous attraction and repulsion however make us into a toy of the elements.





The human being is always caught in the duality, the masculine above and the feminine below. The forces of the elements work for him and against him, in order to accompany him on his way 'up' or to compel him to live towards the development of consciousness.

We can feel the forceful impact of the elements in our daily lives. If we are aggressive, wrathful and full of rage, then that is connected to the element fire. If we are holding on to things or we “cannot let go”, then that corresponds to the element earth. The element air has thoughtlessness, internal conflict or constant stress situations in its baggage and the element water corresponds to the ignored intuitions, the negated creativity or the suppression of any feelings. If we do not pay attention to the impulses of the elements, then we will get sick, i.e. the four elements notify us that we have left our center.

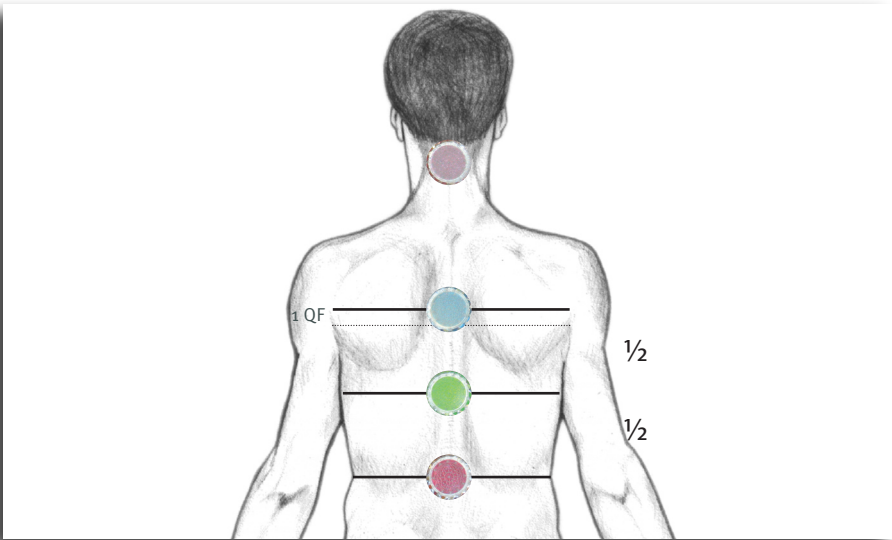
Thus the elements dominate our lives and we cannot escape them. The empirical knowledge teaches us, that everything that we are, everything that happens inside of us, is reflected on our external envelope, the skin, which then also applies to supraordinate zones of the elements. If these zones are touched with the element crystals, the wheel of an opposing reaction is set in motion. We are experiencing the exaggerated or suppressed principles of our inner world. Such irregularities are then easily balanced by the application of the four element crystals. Along those lines I now want to give you some simple ideas



## 1. The basic zones of the elements

This protocol is a wonderful initial treatment for all possible complaint situations. Through the positions of the four elements the organizing impulse reaches the whole body. Most of the time we see a general sense of well-being, as if the excessive movement of the elements has been calmed down. Conducted once a week this is also an excellent prophylactic measure in regards to a lot of stresses.

The four crystals stay in their locations for ten minutes or longer.



We position the four element-crystals on defined zones along the spine.

**Zone 1** can be found by drawing a line from highest point of the iliac crest to the spine. It is the location of the element fire and the assigned color is **crimson**.

**Zone 2** is in the middle between zones 1 and 3 and has the color **lightgreen**.

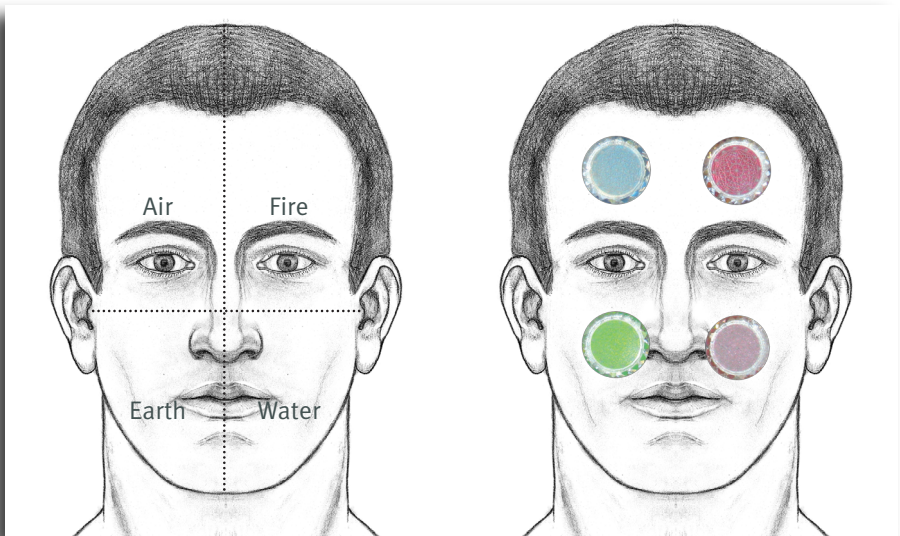
**Zone 3** is found by going one fingerwidth up from the axillary fold and placing a horizontal line across to the spine. The color is **turquoise**.

**Zone 4** is in the middle of the cervical spine. The index finger is placed on the middle of the cervical spine and then the head is extended backwards; the location of the water element is where we feel the deepest point of the curve in the spine. It has the color **rose**.



## 2. The Quadrature of the Face

Esogetic Medicine has known about the division of the face into four quadrants for a long time. It is an elemental truth that the expression of our face depends on our internal emotions. We also believe nowadays that the motor expression of the facial features reacts before the intellect, i.e. that feelings and emotions, which are originating in the abdominal brain, are reaching our facial features before the reactions of the intellect in the cranial brain and thus are changing them. Feelings and emotions are symbolically assigned to the four elements. Thus the quadrants of the face are helpful centers, which generate very deep relaxation.



The picture illustrates the positions and the correspondences to the elements. We leave the four crystals in place four ten minutes or longer. The best time for this treatment is in the evening before going to sleep. We have observed that difficulties in falling asleep, or the so-called sleep rhythm disturbances, could be influenced beneficially.



### 3. The Quadrature of the Body

This quadrature shows repeatedly in all sectors of our body. The front and the back are divided by the “cross” and that gives us four aspects, which we have assigned to the elements.

Everything in this world can be explained through quadrature. The number “4” means “plane, earth, here and now”, whereas the number “5” stands for “religiare”, the recalling resp. remembering.

We should imagine that everything in this world has been created through the elements fire, earth, air and water and that “everything that is “ contains these elements and is controlled by them.

Possible reactions tend to resolve by themselves most of the time, so that an interruption of the sequence is not necessary.

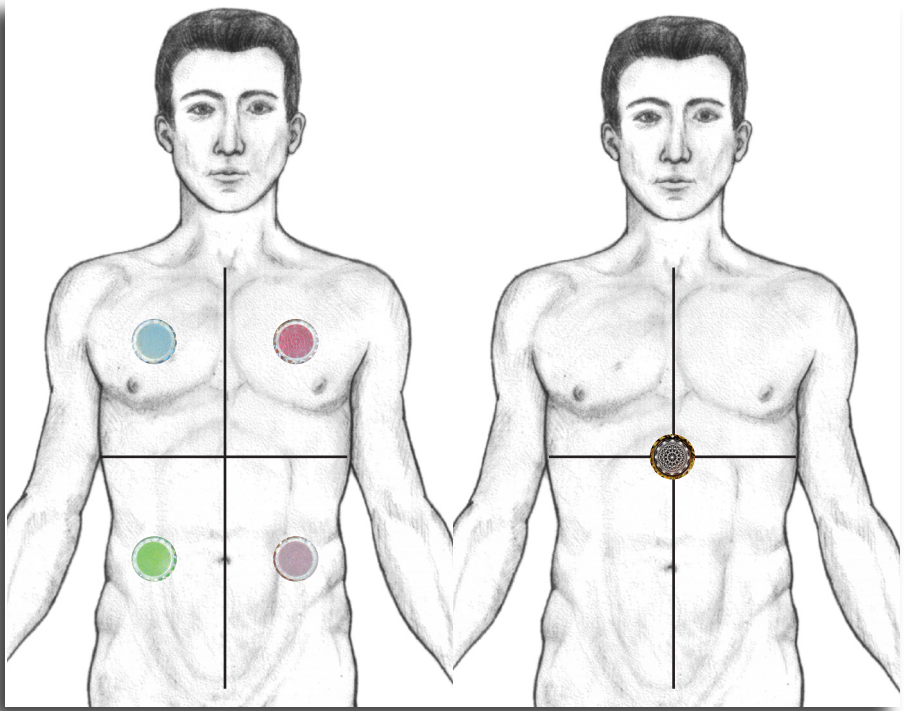
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We should imagine that everything in this world has been created through the elements fire, earth, air and water and that “everything that is “ contains these elements and is controlled by them. The human being is caught in this quadrature and he has the task to eliminate the “walls” or at least make them transparent, so that well-being and calmness do not only reflect into the physical existence, but also beyond that into the psychological spheres.

The purpose of this application in the front and back relates to stresses that are already present. We understand this option as additional help, which an individual can combine with other appropriate therapies. It is legitimate to engage in self-treatments, so that one can accelerate the path towards “health”. When placing the element-crystals we start in the front. The quadrant on the upper left has the color crimson = fire, the lower right the color lightgreen = earth, the upper right turquoise = air and the lower left rose = water. We generally experience a deep relaxation, deep breathing and a comfortable tiredness.

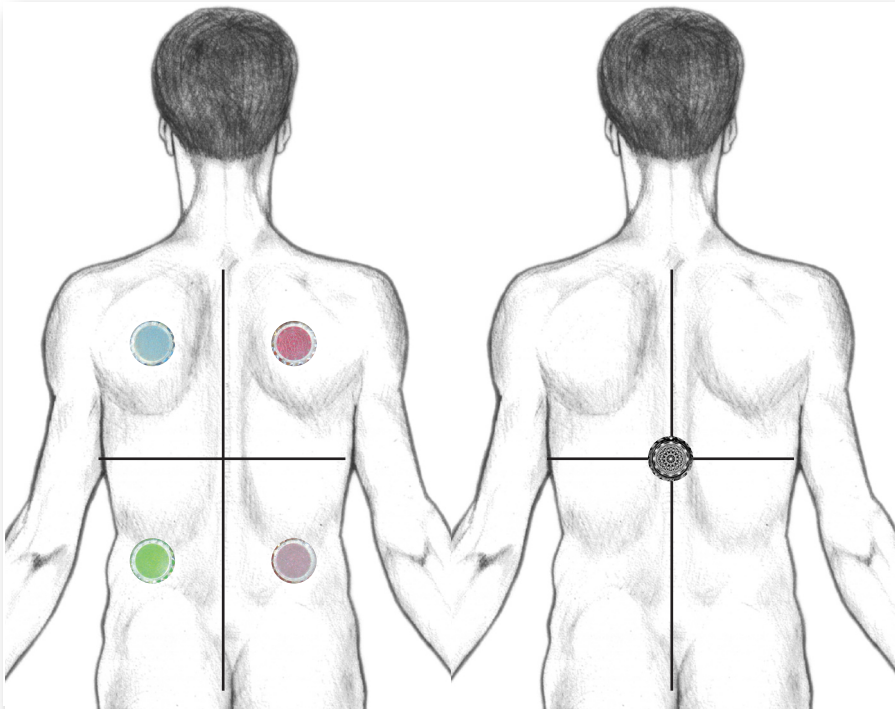




**In case of any reactions like for instance slight head pressure, a sensation of sweating or tensions in the abdomen and the spine we recommend placing the gold crystal below the tip of the sternum in the middle of the element-crystals. Most of the time the reactions immediately disappear.**



It is preferable to use the faceted crystals of the elements in the back on a different day. The placements resemble those in the front. The quadrant on the upper right has the color crimson = fire, the lower left the color lightgreen = earth, the upper left turquoise = air and the lower right rose = water.



**In case of reactions we place the silver crystal on the spine opposite the tip of the sternum and that also leads to the immediate resolution of reactions.**

A wonderful opportunity to contact one's center again, diminish stress and resolve minor complaints.

We wish you a lot of fun with the faceted crystals of the elements.



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